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| **Job Title** | Mental Health Recovery Worker  |
| **Function**  | Operations |
| **Department/Team** | Derby City Life Links  |
| **Reports to** | Service Manager |
| **Direct Reports** | 0 |
| **Dimensions (budget, people span of control)** | Not Applicable |
| **DBS Check Level Required** | Enhanced  |
| **Grade/Job Evaluation Level** | B20 |
| **Salary Banding** | £24, 570 per annum |
| **Created/Reviewed date** | July 2025 |

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| **You will be working for** (Description of Waythrough and specifics of Service/Function/Office) |
| Waythrough launched in October 2024 following the merger of Humankind and Richmond Fellowship (RF). Aquarius supports people in the Midlands affected by substance use or gambling. It was a subsidiary of Richmond Fellowship and is now a subsidiary of Waythrough.We are specialists in mental health, alcohol, drugs and related areas. We provide high quality, evidence-based services, which are designed around the needs of the people we support. Our vision is to break down the barriers that stop people getting the support they need to live a life they value.Our values underpin everything we do – from how we work together through to how we design and deliver services. All our work to fulfil this vision is strengthened by our values.* **Kindness:**be generous, caring and compassionate.
* **Courage:**be bold, trust, commit.
* **Respect:**everyone deserves dignity.

Derby City Life Links provides a wellness and mental health recovery service to the residents of Derby City. We have a number of different support networks offering our service users the flexibility to choose how they receive support dependent on their own personal needs. We promote face to face support such as delivery of one-to-one sessions tailored to meet their needs. We facilitate peer support groups as well as offering information, advice and navigation service to help them find other suitable services in the community. |

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| **Purpose of the Role** |
| * To support the people using our services to achieve their life goals
* To assist with the safe and successful daily running of the service
* To work as part of a team towards agreed service/contract lengths
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| **Key Accountabilities** (List of accountabilities specific to this role) |
| **Assist people using our services to:*** Manage and improve their own mental well-being
* Support people using services in the development of emotional management skills, personal and life skills with the aim of attaining greater independence and self-esteem, providing the emotional support necessary to do so.
* Live more fulfilling lives and develop new meanings and purposes
* Take control over their life, through their own choices and decisions

**Ensure the safe running of the service:*** Develop with people using services, an appropriate personal support plan and risk assessment which takes account of their full range of needs.
* Keep our service compliant with legal regulations
* Provide a safe, respectful environment

**Keywork:*** Oversee your own caseload of key clients
* Concentrate on the person and their individual needs, choices and aspirations, rather than on diagnostic categories or labels
* Work with individuals to develop agreed, meaningful and achievable person- centered plans with positive outcomes that meet the individual’s aspirations
* Complete a range of activities during key working sessions
* Ensure positive risk assessments are created and implemented in line with our policies and procedures
* Signpost people we support to other services for additional support

**Manage your own workload:*** Plan and carry out your core areas of responsibility
* Complete accurate and timely computerised records via our database
* Liaise with external agencies - such as community mental health teams, multi- disciplinary teams and carers - building relationships and projecting a positive image of the service
* Effectively monitoring and managing your own wellbeing through debriefing and discussions with your manager and colleagues
* Keep up to date with organisational developments
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| **General Accountabilities** (List of accountabilities applicable to all roles) |
| This job description is non exhaustive, and we reserve the right to amend and review as appropriate.  |

**Person Specification**

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| **Qualifications** | **Essential or Desirable** |
| Social work, Counselling, Psychology, Childcare, Housing  | Desirable  |

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| **Skills**  | **Essential or Desirable** |
| Ability to communicate effectively at all levels | Essential |
| Ability to respond compassionately to sensitive and complex issues | Essential |
| Able to motivate, support and advocate for people using services | Essential |
| Able to work effectively unsupervised and as part of a team | Essential |
| Able to keep good and accurate records | Essential |
| Ability to plan and prioritise workload | Essential |
| Good interpersonal and listening skills | Essential |
| Able to demonstrate a commitment to self-development & training | Essential |
| Able to demonstrate personal & professional integrity | Essential |
| Ability to work under pressure | Essential |
| Good IT skills, including in Word, the use of databases and email | Essential |
| Able to work flexibly to meet the needs of the Service and people using services | Essential |
| Able to participate in a ~~24 hour/~~7 day week shift rota, undertake on call duties and stay away from home at night | Essential |

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| **Experience**  | **Essential or Desirable** |
| Previous experience of working in mental heath sector  | Desirable |